



## **Daring Circles First Meeting Worksheet**

A great way to get your Daring Circle going is to do a quick exercise to get your daring juices going and introduce each other to the group (do this even if you've known each other for a long time!)

Print out this worksheet and hand out a copy to each person in the Daring Circle. Everyone should then take a few minutes to fill in the blanks below:

My name is \_\_\_\_\_ and I am a Daring Female!

The biggest dare I've taken on in my life at this point is:

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The next dare I'd like to take on is:

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Once everyone is finished, take turns sharing what you wrote with the rest of the group. (If you are the organized, get gutsy and go first!) Everyone should start with the first statement, and say it like you believe it!